



FOR IMMEDIATE RELEASE

**New Bilingual Cookbook ‘*Famous Dishes from Around the World / Platos famosos de todo el mundo*’ Highlights the Importance of Immigrant Culinary Contributions to the United States**

**May 1, 2019 (Sarasota, FL)** - Moonstone Press LLC announced today the upcoming publication of a new bilingual cookbook, in both English and Spanish, *Famous Dishes from Around the World: Healthy, Tasty and Affordable / Platos Famosos de todo el mundo: saludables, sabrosos y económicos*.

*Famous Dishes from Around the World / Platos famosos de todo el mundo* features 30 well-known dishes from around the world, such as French Ratatouille, Mexican Fajitas, Moroccan Tagine, Greek Moussaka, Polish Lentil Stew, Indonesian Satay, and Spanish Paella. With background information on each dish, this bilingual cookbook seeks to honor the vast array of tasty ethnic recipes that have been introduced into our country over time by generations of immigrants, and the cultural values and traditions that are preserved through them.

“Ethnic foods and international cuisine can be found at every street corner of our cities and neighborhoods. Whether in restaurants, diners, food trucks or grocery stores, the varied and flavorful dishes brought to the United States by generations of immigrants stand out among the most important contributions to America’s rich multicultural heritage,” says Editor/ Publisher, Stephanie Maze.

*Famous Dishes from Around the World / Platos famosos de todo el mundo* is a celebration of diversity that honors our nation's rich multicultural heritage through its culinary arts. This budget- and environmentally-conscious book provides an engaging blend of good food, ethnicity, and health. It features healthy variations of authentic dishes, nutrition breakdowns of each recipe, some history about each dish, and two informative sections called “Cooking Tips and Tricks” and “Healthy Hints for the Home Cook”. Given our current political issues, these dishes are a timely reminder of some of the most important contributions made by generations of immigrants to our country.

**Praise for: Famous Dishes from Around the World/  
Platos famosos de todo el mundo**

*“A vibrant culinary take on the American melting pot via an international array of recipes and flavors.”*

– Kirkus Review

*“Famous Dishes from Around the World/ Platos famosos de todo el mundo is recommended over and above other introductory ethnic cookbooks because of its recognizable national dishes, its diversity, its attention to healthy ingredients, and the ease with which the recipes can be cooked in the kitchen.”*

– Midwest Book Review

*“What books like **Famous Dishes** seek to do is to pepper in a little more humanity to our meal-making. The recipes here are accessible, yet impressive; inexpensive, yet satisfying.”* – 4 Stars

– Red City Review

*“Turn your family meals into delightful cultural experiences by preparing dishes from different countries.”* – 5 Stars

– Readers’ Favorite

*“The creators of this vibrant collection have spared no efforts to make their new project a feast for the eyes as well as for the stomach, with brilliant color photographs on every page.”* – RECOMMENDED

– The US Review of Books

*“Bilingual cookbook feeds belly and brain... It’s fascinating for this food fan and language lover to peruse... **Famous Dishes/ Platos Famosos**, with its bilingual recipes, could also serve as a bridge between generations.”*

– Mary Bilyeu/ The (Toledo) Blade

*“Famous Dishes from Around the World is a wonderful cookbook for a middle or high school library. It represents so much more than just a cookbook with recipes from around the globe. The book can be used in cooking and health classes, in foreign language classes, in geography classes, and in all kinds of multi-subject projects that have to do with cross-cultural studies.”* – 5 out of 5 Stars

– Gaby Farrokhi/ GoodReads

*“Me encantan los libros de cocina.... Este libro que veis es especial...”*

– La Cocina de Rebeca

## About the Editor:

Moonstone Press LLC, a small company based in Sarasota, Florida, was established in 2001 by photographer/ book producer Stephanie Maze with the goal of publishing high-quality photography-based books in English and Spanish for children and adults. Starting out as a teacher and translator, Stephanie's professional path led to an award-winning career in photojournalism, first as a staff photographer for the San Francisco Chronicle, then as a freelance photographer for international publications and organizations that included regular assignments for National Geographic Magazine, coverage of three Summer Olympic Games for the International Olympic Committee (AP/ IOPP), and participation in ten *Day in the Life* book projects around the world. Her photos were also featured in a number of photography exhibitions worldwide.

As a former newspaper, magazine, and book photojournalist for more than 30 years, Stephanie envisioned her company's book titles to be highly visual. After producing an award-winning career series for Harcourt Children's Books titled *I Want to Be...* she launched her own indie press with a children's animal series of eight titles in English and Spanish called *Moments in the Wild/ Momentos en el reino animal*. She attributes this bilingual approach to her love for languages and foreign cultures (she grew up abroad and speaks five languages), her deep respect for cultural diversity, and the fact that Spanish is one of the most popular foreign languages taught in American schools today. More recently, Moonstone Press LLC has focused on bilingual titles supporting nutrition, health, and fitness. To learn more, go to [moonstonepress.net](http://moonstonepress.net).

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*Famous Dishes from Around the World / Platos famosos de todo el mundo* is available for sale on [Amazon](http://Amazon) and [Barnes & Noble](http://Barnes & Noble).

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